



As Fall and Winter approach, use these simple tips to help you save energy and money as the temperatures begin to drop.


- 🔥 Fall is a good time to seal any gaps in your attic. Cold air sneaking in through the attic can be a big drain on energy and your wallet.
- 🔥 Don't forget to insulate your attic floor. 16 to 24 inches of insulation is not excessive in temperate climates. This simple home improvement will keep you warmer in the winter and cooler in the summer.
- 🔥 Make sure to have all furnaces, flues, and chimneys in your home or business inspected every year by a qualified industry professional to ensure their efficiency and safety. These are items that will no doubt be kicked into gear during the cold winter months, so now is the perfect time for these inspections.
- 🔥 Install a programmable thermostat to help ensure that you don't forget to adjust the temperature in your home throughout the day. Regulating your thermostat can amount to real savings while keeping you warm during the winter months.
- 🔥 When replacing appliances around your home remember to ask about natural gas models. Natural gas water heaters and other appliances are typically much more efficient than other versions and will help cut energy costs during the winter heating season.

- 🔥 Look for the blue flame. If pilot lights and burners have a steady, blue flame, they are operating correctly. (Decorative gas fire logs are the only exception. Their flame is usually yellow).
- 🔥 Keep the areas around all appliances clean and unobstructed to allow for proper air flow.
- 🔥 Install one-way heat exchangers on your kitchen fan, clothes dryer, and bathroom fan vents in order to prevent cold air from leaking in and warm air leaking out.
- 🔥 Anytime you make changes to your home, from servicing a fuel burning appliance to changing your windows, always have a licensed expert make sure that all your equipment is operating properly – safety is important year-round.
- 🔥 Always use your nose. If you ever smell natural gas, leave the premise and contact Wyoming Gas and dial 911, when necessary.



Our offices will be closed for business on Monday, September 4, 2023, in observance of Labor Day.

NOTICE TO CUSTOMERS ON BUDGET BILLING



This last winter season was colder and longer than normal, causing customers to use a higher volume of natural gas than was expected. This higher usage combined with the high cost of gas has resulted in very high account

balances for some of our budget billing customers.

Please look at your account balance on your latest natural gas bill. If the next three months of paying your regular monthly budget amount will not bring your account balance down to zero, Wyoming Gas urges you to make

higher payments or consider paying your account balance in full before October 21, 2023. Wyoming Gas recalculates your budget payment amount at the end of October each year with your new budget amount going into effect on your November 1st bill. Any remaining account balance at the end of October will be factored into your budget amount for this next year – a high account balance will cause your monthly budget payment to increase significantly. Wyoming Gas appreciates your patience and understanding as we work towards getting our computer system to more accurately predict future usage and set appropriate budget billing amounts.

Recipe
DIRECTIONS

20-Minute Creamy Italian Chicken Skillet

Ingredients:

1 Pound Chicken Cutlets	1 cup dry wine
¼ teaspoon salt, divided	1 (15 ounce) can no-salt-added diced tomatoes
¼ teaspoon ground pepper, divided	2 ounces cream cheese cut into cubes
2 tablespoons extra virgin olive oil, divided	1 teaspoon Italian seasoning
1 medium zucchini, halved lengthwise and thinly sliced	½ teaspoon garlic powder
½ cup chopped onion	¼ cup chopped fresh Basil

Directions

1. Sprinkle chicken with 1/8 teaspoon salt and pepper. Heat 1 tablespoon olive oil in a large skillet over medium heat. Add the chicken and cook, turning once, until browned and an instant-read thermometer inserted into the thickest part registers 165 degrees F. Transfer onto a plate
2. Add the remaining 1 tablespoon of olive oil, zucchini and onion to the pan. Cook, stirring, until starting to soften, about 2 minutes. Increase heat to medium-high and add wine. Cook, scraping up any browned bits, until the liquid has mostly evaporated, about 2 minutes. Add tomatoes, cream cheese, Italian seasoning, garlic powder and the remaining 1/8 teaspoon each of salt and pepper. Bring to a simmer and cook, stirring to melt cream cheese, for 5 minutes. Return the chicken to the pan and turn to coat with the sauce. Serve topped with basil.

LIEAP



LIEAP (Low Income Energy Assistance Program) is a federally funded program that will help people pay heating bills from November 2023 through May 2024. The program is open to home owners and renters. It helps cover the cost of electricity, natural gas, propane, wood, diesel heating oil, coal and pellets when these are used for heating a home.

If you or someone you know needs assistance with heating bills this winter, please contact the Department of Family Services (DFS) at 800-457-3659 or Wyoming LIEAP at 800-246-4221 to get more information. Applications for LIEAP are available online from DFS starting the first week in September 2023. Applications may also be picked up from the local DFS office beginning the second week in September 2023. Applications are accepted until February 28, 2023.

The programs top priority is given to households whose members are elderly, disabled or households with children under the age of six. Visit www.dfsweb.wyo.gov/economic-assistance/lieap to download and application or to get additional information.



COMMUNITY CALENDAR

Continuing in September – Thermopolis - **Red Dirt Master Gardeners Farmers Market** Downtown Thermopolis, 5th Street between Warren and Broadway, every Saturday June through September (weather permitting) 8:00 AM - Noon.

September – Thermopolis - **BINGO** HSC Senior Citizen Center Bingo Every Saturday at 6:00pm HSC Senior Citizen Center, 206 Senior Ave.

September – Thermopolis - **Brazilian Jiu Jitsu Class** at the Armory. Kids ages 7+ & Adults FREE. No gear required. For questions contact Bradyn Harvey @ 307-921-0089 very Monday, Thursday, and Saturday. Kids: 5:30 - 6:30pm Adults: 5:30 - 7:00pm

September 5 – Basin - **BINGO**. Basin City Arts Center 6:30-8:30pm. \$10 per packet.

September 9 – Basin - **Friends of the Basin Library** 2 p.m. Presentation of the Peg Paxton Plaque Big Horn County Library. Light Refreshments

September 9 – Worland - **WTS Chamber Harvest Festival Pioneer Square**. 8:00 AM 2:00 PM. Crafters, vendor & much more. More information about the festival call Ruth Dugger, WTS chamber executive director for applications/ \$ 30 booth fee or apps on website: wtschamber.org. 307-347-3226. Harvest festival theme by Wyoming sugar: "jump into fall".

September 12 – Gillette – **Responder Strong**. HOSTED BY GUARDIAN FLIGHT, 9:00 AM 5:00 PM. Campbell County public library Wyoming room – 2101 S. 4J, Gillette, Wyoming 82718. Responder strong mental health curriculum train the trainer work shop. Emergency response work has always presented unique mental, emotional and physical challenges.

Reminder: We use this section for our local communities. The messages must be non-partisan and non-religious. Non-Profit organization messages will be given preference. Please send the information to customerservice@wyogas.com before the 10th of the month to make the following month edition. Thank you.

Planning on digging?

Any excavation in Wyoming requires all homeowners and excavators to dial the three, easy to remember, nationally recognized numbers, 811 or submit your ticket online. <https://www.onecallofwyoming.com/homeowners/>



You don't have to see the whole staircase, just take the first step." – Martin Luther King, Jr.



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Knowledgeable, Reliable, Local



Know what's below.
Call before you dig.

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